**General Guidelines**

Manuscripts addressing topics in any discipline of Ayurvedic Medicine & medical sciences that are deemed to be of practical value for the daily practice of medicine will be considered for review by this journal. All contributions should be submitted, electronically to [https://yijasm.in/yijasmupload/](https://yijasm.in/yijasmupload/%C2%A0)Authors are requested to submit the text, tables and artwork in electronic form to this address.

Only previously unpublished work should be submitted. Material that has been partly presented or presented as an abstract elsewhere should be acknowledged in a note. All individuals who are listed as authors of a manuscript must have participated sufficiently in the conception and design of the work and analysis of data (if applicable) as well as in the writing of the manuscript. The authors must also believe the manuscript represents valid work and must have reviewed the final version of the manuscript and approved it for publication. Materials submitted to the journal must not be under consideration for publication elsewhere. Manuscripts should be in English and must conform to the journal format. Manuscripts that do not comply with the journal requirements may be returned without review by the editor. All manuscripts will be subjected to peer review and revision. Accepted articles will become the property of the Journal, and excerpts or parts may not be published elsewhere without written permission from both the editors and the publishers.

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